

[LN 1525]

OCTOBER 2018

Sub. Code: 1525

FOURTH B.N.Y.S. DEGREE EXAMINATION

PAPER III – FASTING AND DIET THERAPY

Q.P. Code : 821525

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about the rules and regulations of sane Fasting and Therapeutic Fasting.
2. Describe about Non-Vegetarian diet, its positive and negative aspects in Naturopathy.

II. Write Notes on:

(10 x 5 = 50)

1. Crises during fasting and their managements.
2. Role of fasting in various diseases.
3. Hygienic auxiliaries of fasting.
4. How fasting helps to increase the body weight?
5. Difference between fasting and starvation.
6. Food allergy and its dietary management.
7. Dietary fibres and its therapeutic effects.
8. Define sprout and methods of sprouting.
9. Protein Energy Malnutrition and its dietary management.
10. Dietary management for Peptic ulcer.

III. Short Answers on:

(10 x 2 = 20)

1. Intermittent fasting.
2. Fasting in chronic diseases.
3. Enema in fasting.
4. What are the changes in the tongue during fasting?
5. Ayurvedic fasting.
6. Balanced diet.
7. Alkaline foods.
8. Benefits of pomegranate.
9. Kalpa therapy.
10. Probiotics.
